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| **Bishopton Long Term KS4 Curriculum Overview** | | | | | | | |
| **Subject:** | | **BTEC Sports & Active Leisure - YEAR 11** | | **Teacher** | **JOSHUA SIMPSON** | | |
| **Year 11** | **TERM** | **Autumn 1**  **Week 1 – Week 8** | **Autumn 2**  **Week 9 – Week 15** | **Spring 1**  **Week 16 – Week 21** | **Spring 2**  **Week 22 – Week 27** | **Summer 1**  **Week 28 – Week 32** | **Summer 2**  **Week 33 – Week 39** |
| **WHAT ARE WE LEARNING ABOUT?** | Unit 11: How the Body Works   * 1.1: Identify the structure and functions of the skeleton * 1.2: Identify the structure and functions of the muscular system * 2.1: Identify the structure and function of the heart * 2.2: Identify the structure and function of the lungs * 3.1: Identify the different nutrients needed for a healthy diet * 3.2: Identify functions of each nutrient for a healthy diet. | Unit 17: Jobs in Sports   * 1.1: Identify jobs in different sectors of sport and active leisure * 1.2: Describe the job roles in one sport and active leisure facility * 2.1: Describe the conditions of employment within sport and active leisure * 3.1: Present information about the qualifications and skills required for selected jobs in sport and a * 4.1: Produce a plan to start work within sport and active leisure active leisure | Unit 10: Taking Part in Exercise and Fitness   * 1.1: Describe different exercise and fitness activities * 1.2: Identify different exercise and fitness facilities * 2.1: Describe an induction process for an exercise and fitness activity * 2.2: Describe warm-up and cool-down activities * 3.1: Actively participate in exercise and fitness activities, demonstrate time management skills, appropriate dressed, following instructions, following health and safety procedures. * 4.1: Identify own strengths and areas for improvement in exercise and fitness activities * 4.2: Suggest ways of improving own performance in one activity | Unit 14: Working in Sports & Active Leisure   * 1.1: Describe good customer service * 1.2: Demonstrate communication skills when dealing with customers * 2.1: Work as a team member to set up the equipment for a sport or active leisure activity * 2.2: Work as a team member to take down the equipment from a sport or active leisure activity * 3.1: Identify the different shift patterns for two people working in sport and active leisure * 3.2: Describe how to manage own time effectively when working shift patterns in sport and active leisure | *\*Time dedicated for coursework catch up and missed units.* |  |
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| **ASSESSMENT OBJECTIVES** | * Tasks from PowerPoints * Independent questions * Exam related questions * Group activities | * Tasks from PowerPoints * Independent questions * Exam related questions * Group activities | * Tasks from PowerPoints * Independent questions * Exam related questions * Group activities | * Tasks from PowerPoints * Independent questions * Exam related questions * Group activities | * Tasks from PowerPoints * Independent questions * Exam related questions * Group activities |  |
| **PATHWAY/POST 16** | * Sports and Exercise Science * A level PE * Physiology and Anatomy * Biology * Sports therapy * Physical theory | * Sports and Exercise Science * A level PE   Jobs in the following:   * leisure centres * Teaching * Sports coaching * Therapy * Fitness & Health. | * Sports and Exercise Science * A level PE * Fitness instructor * Personal Training * Gym attendant * Sports coach * Strength and conditioning coach | * Sports and Exercise Science * A level PE * Recruitment * Sports retail * Health and fitness leisure centres * Tourism and hospitality |  |  |

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| **The core aims of the Key Stage 4 Core PE Curriculum are to encourage learners to:** |
| * Develop fluent knowledge, skills and understanding of different sports and activities within sport. * Provide curriculum links between other subjects (science, cooking) and BTEC sports course work. * Promote livening a healthy lifestyle and engaging in regular exercise which will tackle obesity and general health related diseases in teenagers and young adults. * Inspire pupils to seek further education or a career in the sports industry. |